



PROVIDE FIRST AID INCLUDING CPR

The Provide First Aid course provides the skills and knowledge required to administer First Aid, basic life support in an emergency, and CPR. This course is trained in line with guidelines established by the Australian Resuscitation Council (ARC).



Course Code: HLTAID011

Course Currency Status: Current

VET Prerequisite: No VET prerequisites required

Mode of Delivery: Pre-learning and face to face classroom

Duration: Up to 6 hours of pre-course reading and e-Learning assessment, plus 4 hours face to face training in a classroom environment

Course Title: Provide First Aid

Assessment: Written, practical and scenario-based assessment

Entry Requirement: e-Learning to be completed by 11.59pm AEST before the day scheduled for face-to-face training.

Certificate Valid: 36 Months from the date of course completion

Minimum Age Requirement: 14 Years

Course Content

- Recognise and assess an emergency situation.
- Ensure safety for self, bystanders and casualty.
- Assess the casualty and recognise the need for First Aid response.
- Seek assistance from emergency services.
- Perform cardiopulmonary resuscitation (CPR) in line with ARC guidelines.
- Provide First Aid in accordance with established First Aid principles.
- Display respectful behaviour towards casualty.
- Obtain consent from casualty where possible.
- Use available resources and equipment to make the casualty as comfortable as possible.
- Operate First Aid equipment according to manufacturers' instructions.
- Monitor the condition of the casualty and respond in accordance with First Aid principles.
- Accurately convey incident details to emergency services.
- Report details of incidents in line with appropriate workplace or site procedures.
- Complete applicable workplace or site documentation, including incident report form.
- Maintain privacy and confidentiality of information in line with statutory or organisational policies.
- Recognise the possible psychological impacts on self and other rescuers and seek help when required.
- Contribute to a review of the First Aid response as required.

Certificate issued

Students who successfully complete the training and assessment requirements will be issued with a PDF Statement of Attainment in *HLTAID009 Provide cardiopulmonary resuscitation*, *HLTAID010 Provide basic emergency life support*, and *HLTAID011 Provide First Aid*.

Who can attend?

This course is for students with existing First Aid experience or for those who are new to First Aid and comfortable learning in a blended delivery setting.

Factor to consider

Students will be required to demonstrate their ability to correctly perform CPR for at least 2 minutes uninterrupted on an adult manikin placed on the floor, to meet the performance criteria for assessment.

If you have a limitation that would affect your ability to complete the course, please contact us on 07 3437 7500 to discuss prior to booking.

Group bookings

Australia Wide First Aid can come to you to deliver the First Aid course of your choice in your workplace or business. Our streamlined courses are relaxed and educational while ensuring minimum downtime for you and your group.

For further information, please contact our friendly team on 07 3437 7500.

Training centre locations

Australia Wide First Aid has training centres in locations around Australia.

For location details and up-to-the-minute pricing please visit our website www.australiawidefirstaid.com.au